



Cholangiocarcinoma

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Lancet 2014; 383: 2168–79

Published Online

February 26, 2014

[http://dx.doi.org/10.1016/S0140-6736\(13\)61903-0](http://dx.doi.org/10.1016/S0140-6736(13)61903-0)

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Cholangiocarcinoma represents a diverse group of epithelial cancers united by late diagnosis and poor outcomes. Specific diagnostic and therapeutic approaches are undertaken for cholangiocarcinomas of different anatomical locations (intrahepatic, perihilar, and distal). Mixed hepatocellular cholangiocarcinomas have emerged as a distinct subtype of primary liver cancer. Clinicians need to be aware of intrahepatic cholangiocarcinomas arising in cirrhosis and properly assess liver masses in this setting for cholangiocarcinoma. Management of biliary obstruction is obligatory in perihilar cholangiocarcinoma, and advanced cytological tests such as fluorescence in-situ hybridisation for aneusomy are helpful in the diagnosis. Liver transplantation is a curative option for selected patients with perihilar but not with intrahepatic or distal cholangiocarcinoma. International efforts of clinicians and scientists are helping to identify the genetic drivers of cholangiocarcinoma progression, which will unveil early diagnostic markers and direct development of individualised therapies.

Introduction

Cholangiocarcinoma is an epithelial cell malignancy arising from varying locations within the biliary tree showing markers of cholangiocyte differentiation. The most contemporary classification based on anatomical location includes intrahepatic, perihilar, and distal cholangiocarcinoma. Intrahepatic cholangiocarcinoma is defined as a cholangiocarcinoma located proximally to the second degree bile ducts (proximal and distal refers to the direction of bile flow such that the intrahepatic bile ducts are proximal to the common bile duct); within the liver, perihilar cholangiocarcinoma is localised to the area between the second degree bile ducts and the insertion of the cystic duct into the common bile duct; whereas distal cholangiocarcinoma is confined to the area between the origin of the cystic duct and ampulla of Vater.¹ Most cholangiocarcinomas are well, moderately, and poorly differentiated adenocarcinomas with other histological subtypes encountered rarely.^{2,3} Surgical treatment is the preferred option for all subtypes, but, when contemplated, involvement of the vascular structures and lymph nodes needs to be considered. The highly desmoplastic nature of cholangiocarcinoma, its extensive support by a rich tumour microenvironment,

and profound genetic heterogeneity, all contribute to its therapeutic resistance. Although surgery and curative liver transplantation are options for selected patients with perihilar cholangiocarcinoma, 5-year survival rates are very low. The chemotherapy regimen of gemcitabine and cisplatin is often used for inoperable disease. Locoregional therapies are used for intrahepatic cholangiocarcinoma, but conclusive evidence for efficacy is lacking. Understanding of cholangiocarcinoma biology, the oncogenic landscape of this disease, and its complex interaction with the tumour microenvironment could lead to optimum therapies with improvement in patient survival. In view of much recent interest in this disease, a review of recent medical advances for cholangiocarcinoma is both timely and topical. In this Seminar we focus mainly on intrahepatic and perihilar cholangiocarcinoma because progress has predominantly occurred in these subtypes (panel).

Epidemiology and risk factors

Perihilar disease represents about 50%, distal disease 40%, and intrahepatic disease less than 10% of cholangiocarcinoma cases.⁴ Mixed hepatocellular-cholangiocellular carcinomas, also called combined hepatocellular-cholangiocellular carcinomas according to the WHO classification, were only recently acknowledged as a distinct subtype of cholangiocarcinoma.^{2,5,6} According to scarce reports,^{5,7} mixed hepatocellular-cholangiocellular carcinomas represent less than 1% of all liver cancers. The incidence of intrahepatic cholangiocarcinoma seems to be increasing in many western countries, although this pattern is not universal.^{8,9} Age-adjusted rates of cholangiocarcinoma are reported to be highest in Hispanic and Asian populations (2.8–3.3 per 100 000) and lowest in non-Hispanic white people and black people (both 2.1 per 100 000).^{10–12} The disease has a slight male predominance (1.2–1.5 per 100 000 *vs* one per 100 000 population),¹² with the exception of the female Hispanic population in whom intrahepatic cholangiocarcinoma rates are increased (1.5 per 100 000) compared with the male population (0.9 per 100 000).¹² Cholangiocarcinoma is unusual in children. Cumulative

Search strategy and selection criteria

We searched PubMed for articles in English using the combination of keywords "cholangiocarcinoma" with "carcinogenesis", "progression", "pathophysiology", "molecular pathogenesis", "genetics", "diagnosis", "markers", "imaging", "treatment", "chemotherapy", "surgery", "stent", and "radiation". The search included articles published from Jan 1, 1985, to May 31, 2013, and preferences were given to highly cited publications, articles published in the past 3 years, and articles published since the previous Seminar about cholangiocarcinoma in *The Lancet* in 2005. Owing to the very small number of randomised controlled trials in cholangiocarcinoma and limited space, review articles and centre experiences comprise a large number of references in this Seminar.

cholangiocarcinoma mortality rates have increased by 39% because of increased disease incidence.¹² Mortality rates are higher in men and boys (1·9 per 100 000) than in women and girls (1·5 per 100 000). Mortality rates from intrahepatic cholangiocarcinoma are highest in American Indian and Alaska Native groups (1·3 per 100 000) and Asian populations (1·4 per 100 000) and lowest in white people (0·8 per 100 000) and black people (0·7 per 100 000).⁹ Both increased recognition and incidence have contributed to rising interest in this cancer.¹³

Most cholangiocarcinomas arise de novo, and no risk factors are identified. Recently, cirrhosis and viral hepatitis C and B have been recognised as risk factors for cholangiocarcinoma, especially intrahepatic disease. The contribution of hepatitis C and hepatitis B in tumour development differs in western countries, where hepatitis C is more prevalent, versus Asian countries, where hepatitis B is endemic. In studies from the USA and Europe,^{14–17} hepatitis C was shown to be a risk factor for cholangiocarcinoma with the strongest association for intrahepatic cholangiocarcinoma. Studies from South Korea and China^{18–20} have shown more consistently hepatitis B as a risk factor for intrahepatic cholangiocarcinoma; a Japanese study confirmed findings from western countries where intrahepatic cholangiocarcinoma association was stronger with hepatitis C exposure than with hepatitis B.²¹ Association with cirrhosis of different causes was identified in almost all of these studies. Pathogenically, release of inflammatory cytokines, cell death coupled to increases in cell proliferation, as well as changes in the liver in fibrosis favour tumorigenesis. However, the presence of cirrhosis is not uniformly shown in all patients with viral hepatitis who develop cholangiocarcinoma.²⁰ A meta-analysis²² of several case-control studies on risk factors for intrahepatic cholangiocarcinoma showed the following associations: cirrhosis had a combined odds ratio (OR) of 22·92 (95% CI 18·24–28·79), hepatitis C of 4·84 (2·41–9·71), and hepatitis B of 5·10 (2·91–8·95).

There is a well established association between primary sclerosing cholangitis, marked by chronic inflammation with liver injury and likely proliferation of the progenitor cells, and cholangiocarcinoma, especially perihilar disease. The lifetime incidence of cholangiocarcinoma in this patient population ranges between 5% and 10%.^{23–26} About 50% of patients with primary sclerosing cholangitis who develop cholangiocarcinoma are diagnosed with cholangiocarcinoma within 24 months of diagnosis of primary sclerosing cholangitis.^{23,27} The risk of cholangiocarcinoma is lower 2–10 years after the diagnosis of primary sclerosing cholangitis (7%).²⁶ The mean age of cholangiocarcinoma diagnosis in patients with primary sclerosing cholangitis is the fourth decade of life^{23,28} compared with the seventh decade in the general population.^{10,17} Although various risk factors for cholangiocarcinoma in primary sclerosing cholangitis

Panel: Key messages

- Cholangiocarcinoma is anatomically classified as intrahepatic, perihilar, and distal
- Mixed hepatocellular-cholangiocellular carcinoma is a subtype of intrahepatic neoplasm that shows markers of hepatocellular carcinoma and cholangiocarcinoma differentiation simultaneously and is associated with worse prognosis compared with hepatocellular carcinoma
- Cirrhosis and hepatitis B and C are recently identified risk factors for intrahepatic cholangiocarcinoma
- All intrahepatic lesions in cirrhosis should be investigated to rule out the possibility of intrahepatic cholangiocarcinoma
- Fluorescence in-situ hybridisation improves performance of cytological evaluation of biliary brushings for the diagnosis of perihilar cholangiocarcinoma
- Proliferative and inflammatory gene signature classes have been described in intrahepatic cholangiocarcinoma; *FGFR2* gene fusion and *IDH1* and *IDH2* mutations are newly identified targetable derangements in cholangiocarcinoma
- Surgical resection is a first-line therapy in patients with intrahepatic or perihilar cholangiocarcinoma who are good surgical candidates and have no evidence of disease progression beyond regional lymph nodes
- Surgical techniques for perihilar cholangiocarcinoma are improved by extended resection, portal vein embolisation, and associating liver partition and portal vein ligation for staged hepatectomy
- The best outcomes are observed in highly selected patients with perihilar cholangiocarcinoma treated with liver transplantation coupled with neoadjuvant chemoradiation
- Locoregional therapies can be considered for intrahepatic cholangiocarcinoma
- Gemcitabine and cisplatin combination is an acceptable standard of practice for advanced intrahepatic cholangiocarcinoma; for perihilar disease the effectiveness remains less proven
- Elucidation of cholangiocarcinoma molecular pathogenesis could guide early diagnosis, prevention, and individualised treatment

have been reported, none are sufficient to guide risk stratification for disease surveillance. Guidelines for cholangiocarcinoma surveillance in patients with primary sclerosing cholangitis have been published.^{25,29,30}

Early age at diagnosis is also noted in patients with bile duct cystic disorders, including Caroli's disease.^{10,14,31} These patients develop cholangiocarcinoma at a mean age of 32 years with lifetime incidence ranging from 6% to 30%.¹⁸ Southeast Asia has a very high incidence (113 per 100 000)¹⁰ of cholangiocarcinoma that is due to high prevalence of hepatobiliary flukes, *Opisthorchis viverrini* and *Clonorchis sinensis*, which are risk factors for cholangiocarcinoma.^{32,33} This risk is probably increased by environmental and genetic factors.³⁴ Hepatolithiasis, in which 7% of patients develop intrahepatic cholangiocarcinoma,^{2,35} and biliary-

enteric drainage, predisposing patients to enteric bacteria bile duct colonisation and infections,³⁶ are additional risk factors for cholangiocarcinoma. Several genetic polymorphisms have been identified that increase risk of development of cholangiocarcinoma. The genes implicated as risk factors can be classified into those encoding proteins participating in cell DNA repair (*MTHFR*, *TYMS*, *GSTO1*, and *XRCC1*), cellular protection against toxins (*ABCC2*, *CYP1A2*, and *NAT2*), or immunological surveillance (*KLRK1*, *MICA*, and *PTGS2*).¹⁰ The results from studies on the role of alcohol and smoking exposure have been inconsistent.^{10,22} The metabolic syndrome was associated with an increased risk of intrahepatic cholangiocarcinoma in the Surveillance and Epidemiology Results database analysis (OR 1.6, 1.32–1.83, $p < 0.0001$).³⁷ Consistent with these observations, the meta-analysis²² of US and Danish studies identified an association of intrahepatic cholangiocarcinoma with diabetes with an OR of 1.89 (95% CI 1.74–2.07) and obesity with an OR of 1.56 (1.26–1.94). Although obesity is a biologically plausible risk factor for cholangiocarcinoma development, too few data are available to definitely establish an association at this time.^{10,22}

Molecular pathogenesis

The era of individualised medicine and targeted therapies needs improved understanding of tumour biology and molecular pathogenesis. Carcinogenesis involves specific cell genome derangements.³⁸ The genetic pathways contributing to the selective growth advantage of cancer cells can be organised into those governing cell fate and differentiation, proliferation, cell survival, and maintenance of genome integrity. Contemporary research techniques are allowing identification of several of these genetic changes in cholangiocarcinoma.³⁹ However,

misclassification of perihilar cholangiocarcinoma as intrahepatic cholangiocarcinoma in the early studies should be considered during interpretation of retrospective studies on molecular profiling. Further knowledge could identify driver mutations that can be successfully targeted resulting in improved patient survival. Unfortunately, curative therapies have been difficult to develop for solid tumours because of the extreme genetic heterogeneity between patients and rapid development of therapeutic resistance as the tumour genetically evolves. Several oncogenic pathways and drugs targeting these pathways have been identified (table). Several studies identifying genetic changes in cholangiocarcinoma have been published, but most of the data generated from the single studies need further validation. Hopefully, personalised or precision medicine is in the near future for the treatment of cholangiocarcinoma (figure 1).

Cell survival signalling pathways

The Ras-MAPK pathway is one of the main signalling networks in cholangiocarcinoma biology and was reported in several studies. For example, Sia and colleagues⁴⁰ used an integrative molecular analysis technique and correlated identified gene signatures with clinicopathological traits and patient outcomes for 119 cases of intrahepatic cholangiocarcinoma. The group described two distinct gene signature classes: a proliferation class and an inflammatory class. The proliferation class (62% of cases) was associated with copy number variations in several oncogenes, including but not restricted to *KRAS* and *BRAF*, as well as in genes from RAS, MAPK, and MET signalling networks. The proteins encoded by these genes are part of the signalling network in which the RAS-RAF-MEK-ERK signalling axis stimulates cell proliferation or the PI3K-AKT-mTOR signalling axis promotes cell survival. The inflammatory class showed activation of inflammatory pathways causing overexpression of cytokines and STAT3. The transcriptional factor STAT3 modulates cell growth and survival and has been implicated in carcinogenesis.⁴¹ These gene classes, particularly the proliferation class, in intrahepatic cholangiocarcinoma overlapped with those previously identified in hepatocellular carcinoma in which cell-cycle dysregulation, transforming growth factor β (TGF β)/Wnt activation, α -fetoprotein positivity, and cholangiocarcinoma-like and cluster A classes were associated with poor outcomes. This finding implies cells of similar origin in both cancer subtypes or hepatocellular carcinoma cell dedifferentiation towards an adenocarcinoma phenotype. These data also emphasise that not all cancers have a proliferative signature. Besides uncontrollable cell proliferation, neoplastic transformation can also be accomplished by evasion of apoptosis, facilitation of cell migration (ie, metastatic potential), resistance to hypoxia, and increased vascularisation.

In another study,⁴² transcriptome profiling in 104 patients after cholangiocarcinoma resection in Europe, the USA, and Australia showed that *KRAS*

	Molecular inhibitors
EGFR (RAS, RAF, MEK, ERK/MAPK), 14%	Erlotinib, cetuximab, irinotecan, panitumumab, lapatinib, sorafenib
VEGF, frequency unknown	Sorafenib, bevacizumab, erlotinib, cediranib, vandetanib
Her2/neu, 8%	Lapatinib
MET (PI3K, AKT, mTOR), 5%	Onartuzumab, tivantinib, crizotinib
mTOR, frequency unknown	Everolimus
MEK, frequency unknown	Selumetinib, trametinib
AKT, 1%	MK2206
NFkB, frequency unknown	Bortezomib
PI3K/mTOR, 9%	GDC-0980
PARP1/2, frequency unknown	Veliparib
MET/ROS/ALK, frequency unknown	Crizotinib
FGFR2 gene fusion, frequency unknown	PD173074, pazopanib
IDH1 and IDH2, 10–23% of intrahepatic cholangiocarcinomas	AGI-6780, AGI-5198

Table modified from Geynisman and colleagues.⁴⁴

Table: Targetable cholangiocarcinoma signalling pathways with estimated frequency and corresponding molecular inhibitors

mutations were associated with deregulation of epidermal growth factor (EGFR) and ERBB2 (also known as HER2) signalling network, which included MET. Derangement of genes participating in proteasomal activity was associated with poor prognosis. The therapeutic potential of tyrosine kinase inhibition in cholangiocarcinoma cell lines with activated EGFR and HER2 was also shown.⁴² Although EGFR might act as a hub for transmitting downstream signals to activate RAS-MAPK, JAK-STAT, and PI3K-AKT-mTOR pathways,^{43,44} the more likely situation is that cross-talk exists between various receptor tyrosine kinases.

206 somatic mutations were identified and examined with exome sequencing and comparison of eight liver-fluke-associated cholangiocarcinoma and matched normal tissue specimens in a study from Singapore.⁴⁵ Among the common cancer-related genes, mutations in *TP53* responsible for maintenance of genome integrity was most common (44%), followed by *KRAS* (17%), and *SMAD4* (17%); *SMAD4* contributes to the TGF β signalling network, which is a key driver of metastatic cancer. Somatic mutations of genes involved in deactivation of histone modifiers, activation of G proteins, and loss of genome stability were present in 3.7–14.8% of cases in this study with many of the genes being newly implicated in oncogenesis (eg, *KMT2C*, *ROBO2*, *RNF43*, *PEG3*, and *GNAS*).⁴⁵

Genetic changes in the tumour suppressive gene *PTEN* in combination with either activated AKT or mTOR were associated with poor patient outcomes in microarray analysis of 221 samples of extrahepatic cholangiocarcinoma.⁴⁶ However, the correlation between these genetic changes and good outcomes was reported in 101 patients with intrahepatic cholangiocarcinoma in another study, in which mTOR and AKT activation was detected in more differentiated tumours.⁴⁷ Novel fibroblast growth factor receptor 2 (FGFR2) rearrangements with gene fusion were identified in a subset of patients with cholangiocarcinoma and these mutations are targetable.⁴⁸

Cell fate and differentiation

Notch signalling is vital in cell fate determination and regulates biliary duct formation.⁴⁹ Its involvement in cholangiocarcinoma biology was reported in several studies. Notch pathway activation was implicated in conversion of mature adult hepatocytes into precursors of intrahepatic cholangiocarcinoma in two preclinical models involving cell fate tracing techniques.^{20,50} These studies challenge the theory that cholangiocarcinoma cells are derived from cholangiocytes, peribiliary glandular cells, or hepatic progenitor cells. They also emphasise the plasticity of liver cells regarding their differentiated state, and draw attention to transcriptome studies identifying overlap in hepatocellular carcinoma and cholangiocarcinoma signatures.⁴⁰ A study⁵¹ in an animal model of diethylnitrosamine-induced hepatocellular carcinoma carcinogenesis showed the role of

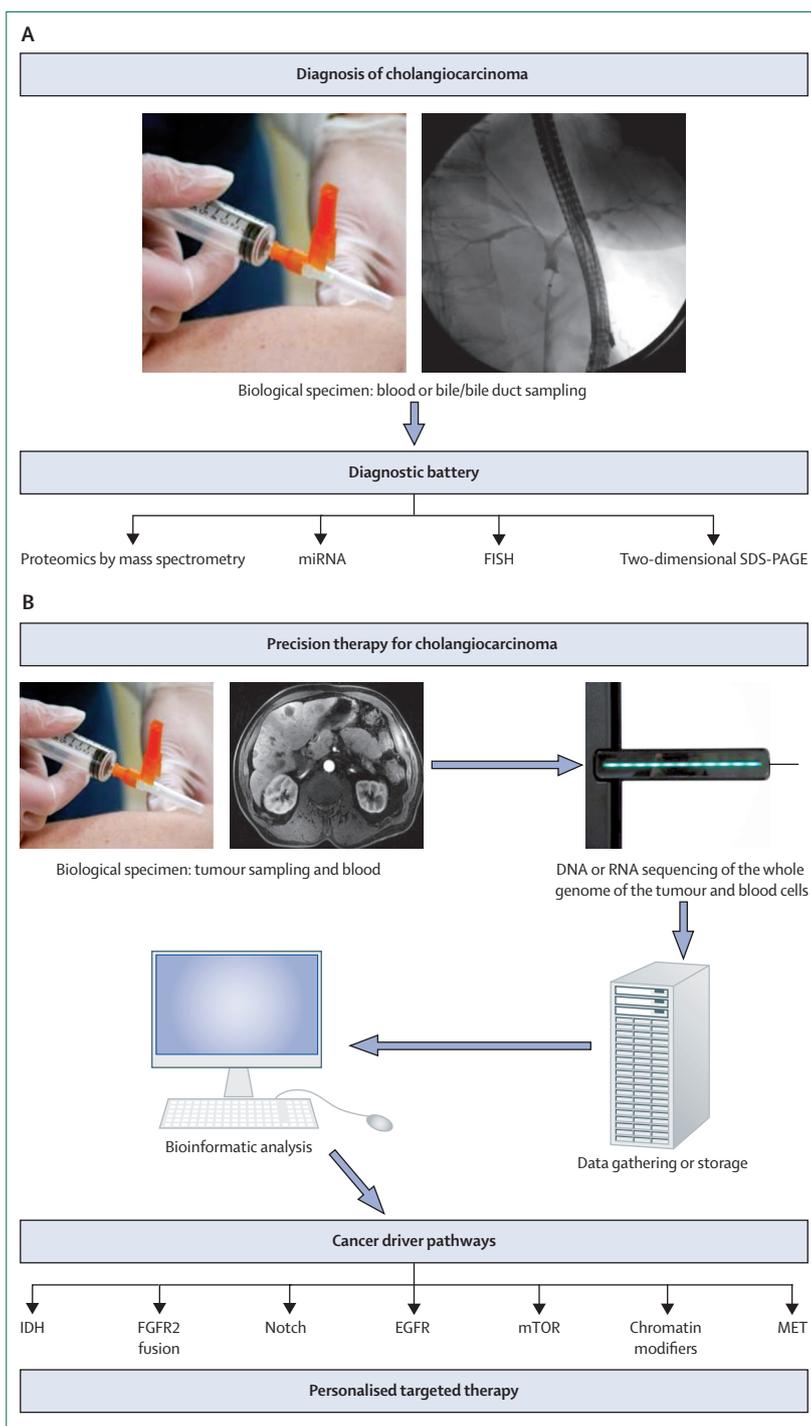


Figure 1: Integrative approach to (A) diagnosis and (B) individualised medicine in cholangiocarcinoma. FISH=fluorescence in-situ hybridisation. SDS-PAGE=sodium dodecyl sulfate polyacrylamide gel electrophoresis.

constitutive Notch2 activation in the development of poorly differentiated hepatocellular carcinoma with features of biliary epithelium (SOX9 positivity). These studies suggest that even differentiated liver cell subtypes are plastic and dominance of underlying oncogenic

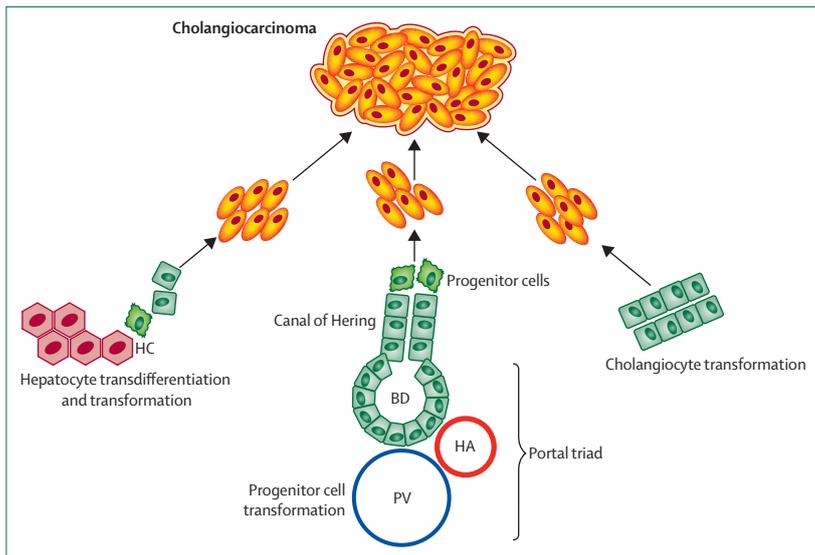


Figure 2: Potential cells of origin in intrahepatic cholangiocarcinoma
 PV=portal vein. HA=hepatic artery. BD=bile duct. HC=hepatic cell.

pathways can dictate cell histological features with variable malignant phenotypes (eg, hepatocellular or cholangiocellular carcinomas). Figure 2 shows the potential cells of origin for cholangiocarcinoma.

Experimental studies have also shown an important role for the Hh survival signalling pathway in cholangiocarcinoma⁵² with pathway inhibition being tumour suppressive in several studies.⁵³ The mechanisms vary from inhibition of transcriptional activation and migration, to inhibition of miRNA expression.^{53–55} Interplay between Hh signalling and the myofibroblast-enriched cholangiocarcinoma microenvironment has also been identified: platelet-derived growth factor BB promotes tumour survival in an Hh-dependent manner in vitro and in an animal model.⁵⁶

Isocitrate dehydrogenase (IDH) mutations and epigenetic changes

Genetic changes leading to survival advantages can also occur through epigenetic changes coupled to DNA coding changes. Hot-spot mutations of genes encoding IDH1 and IDH2 were recently reported by several groups to be fairly specific to intrahepatic cholangiocarcinoma in various gastrointestinal and biliary cancers (10–23%).^{57–59} These mutations are commonly identified in association with global DNA hypermethylation leading to multiple epigenetic changes.⁵⁸ Identification of these new mutated genes is especially interesting because the product of enzymatic activity of IDH1 and IDH2, 2-hydroxyglutarate, can be detected in the serum and, therefore, potentially be used as a biomarker.⁶⁰ Importantly, inhibition of IDH gain of function mutations has been reported, which reverses epigenetic methylation and promotes cancer cell differentiation.^{61,62} Cholangiocarcinoma would be a candidate for treatment with these inhibitors.

Cytotoxic and targeted therapies

A pragmatic practice standard was established by the ABC-2 study,⁶³ in which 410 patients with advanced biliary tract cancer were randomly assigned to receive either gemcitabine and cisplatin in combination or gemcitabine alone. Patients receiving combination therapy had a median overall survival (OS) of 11.7 months versus 8.1 months in patients receiving gemcitabine alone (hazard ratio [HR] 0.64, 95% CI 0.52–0.80).⁶³ Patients with gallbladder cancer and intrahepatic cholangiocarcinoma responded better to this regimen than did the rest of the trial population. The benefits of the combination therapy are, however, small and the number of patients low compared with other oncological trials. Therefore, these results should not preclude development of head-to-head trials of gemcitabine plus cisplatin versus promising therapies.^{44,64} More precise therapy might provide improved efficacy and safety profiles, and several of the signalling pathways involved in cholangiocarcinoma biology are possible targets (table).⁴⁴

The number of clinical trials with targeted therapy alone or in combination with traditional chemotherapy is expanding. The single open-label randomised phase 3 trial⁶⁵ with gemcitabine and oxaliplatin with or without erlotinib showed a small improvement in median progression-free survival in the subset of patients with cholangiocarcinoma receiving chemotherapy plus targeted therapy (5.9 months) versus chemotherapy alone (3.0 months; HR 0.73, 95% CI 0.53–1.00, $p=0.049$). Although sorafenib and lapatinib monotherapy was not effective, the combination of gemcitabine and oxaliplatin with cetuximab or bevacizumab is promising.⁶⁶ Results of several phase 2 trials are pending. OS, instead of progression-free survival, should be the main endpoint in contemporary clinical trial designs.

Intrahepatic cholangiocarcinoma

Clinical classification and diagnosis

Intrahepatic cholangiocarcinoma can be classified morphologically by growth patterns as mass-forming, periductal-infiltrating, intraductal, superficial spreading, and undefined subtypes.^{2,67–69} The superficial spreading and intraductal subtypes are associated with the best prognosis and periductal and mass-forming subtypes with the worst. Intrahepatic cholangiocarcinoma presents as a malignant mass lesion usually in a non-cirrhotic liver. However, when an intrahepatic lesion is noted in an imaging study in the setting of cirrhosis, the next diagnostic step is the differentiation between cholangiocarcinoma and hepatocellular carcinoma. Typical radiological features of cholangiocarcinoma include progressive contrast uptake throughout both arterial and venous phases of a cross-sectional imaging study.⁷⁰ By contrast, hepatocellular carcinoma lesions are associated with hyperenhancement in the arterial phase and contrast washout in the venous phase of a contrast-

enhanced imaging study. CT scan performance in intrahepatic cholangiocarcinoma was recently validated in a study⁷¹ in which intrahepatic lesions in patients with cirrhosis detected either on surveillance with ultrasound or incidentally (66% and 34%, respectively) were reassessed with a CT scan. All but one cholangiocarcinoma lesion showed typical heterogeneous contrast uptake due to a highly vascularised interface from peritumoural inflammation resulting in arterial enhancement of the tumour parenchymal margins, so-called rim enhancement. However, these classic features of intrahepatic cholangiocarcinoma were present in only 70% of cases in another study.⁷²

To further complicate this issue, liver cancer can contain both elements of cholangiocarcinoma and hepatocellular carcinoma in the same nodule, termed mixed hepatocellular-cholangiocellular carcinomas.⁵ Studies suggest that mixed hepatocellular-cholangiocellular carcinomas have a distinct appearance on cross-sectional imaging studies. A strong enhancing rim and irregular shape on gadoteric acid-enhanced MRI favours mixed hepatocellular-cholangiocellular carcinoma, and lobulated shape, weak rim, and a target appearance favours a mass-forming intrahepatic cholangiocarcinoma.⁷³ The target appearance can also help to differentiate mixed hepatocellular-cholangiocellular carcinomas from atypical hypovascular hepatocellular carcinoma.⁷⁴ The presence of liver capsule retraction and biliary dilatation in the vicinity of the intrahepatic lesion can also raise suspicion for a diagnosis of intrahepatic cholangiocarcinoma. A PET scan might be beneficial in assessment of metastatic disease,⁷⁵ but many cholangiocarcinomas are PET negative with ¹⁸F-fluorodeoxyglucose.⁷⁶ Contrast-enhanced ultrasound is associated with a very high misdiagnosis rate compared with MRI (52% vs 9%) and CT scans (52% vs 4%).⁷⁷ Biopsy of the intrahepatic lesion is needed to differentiate hepatocellular carcinoma from cholangiocarcinoma to diagnose intrahepatic cholangiocarcinoma, especially if imaging studies do not show classic signs of hepatocellular carcinoma or if the distinction will change management (figure 3A).

Carbohydrate antigen 19-9 (CA 19-9) is a traditional serum biomarker used for cholangiocarcinoma diagnosis. In patients with primary sclerosing cholangitis the most reliable cutoff for intrahepatic cholangiocarcinoma is 129 U/mL, which provides sensitivity, specificity, and adjusted positive predictive values of 79%, 98%, and 57%, respectively.^{78,79} However, more than 30% of patients with primary sclerosing cholangitis with a CA 19-9 value higher than 129 U/mL do not have cholangiocarcinoma on long-term follow up,^{80,81} and alternative causes for this increase, including bacterial cholangitis, should be considered. CA 19-9 concentrations higher than 1000 U/mL are consistent with advanced disease often involving the peritoneum.⁸⁰⁻⁸² When interpreting serum CA 19-9 concentrations one should also note whether patients who are negative for Lewis

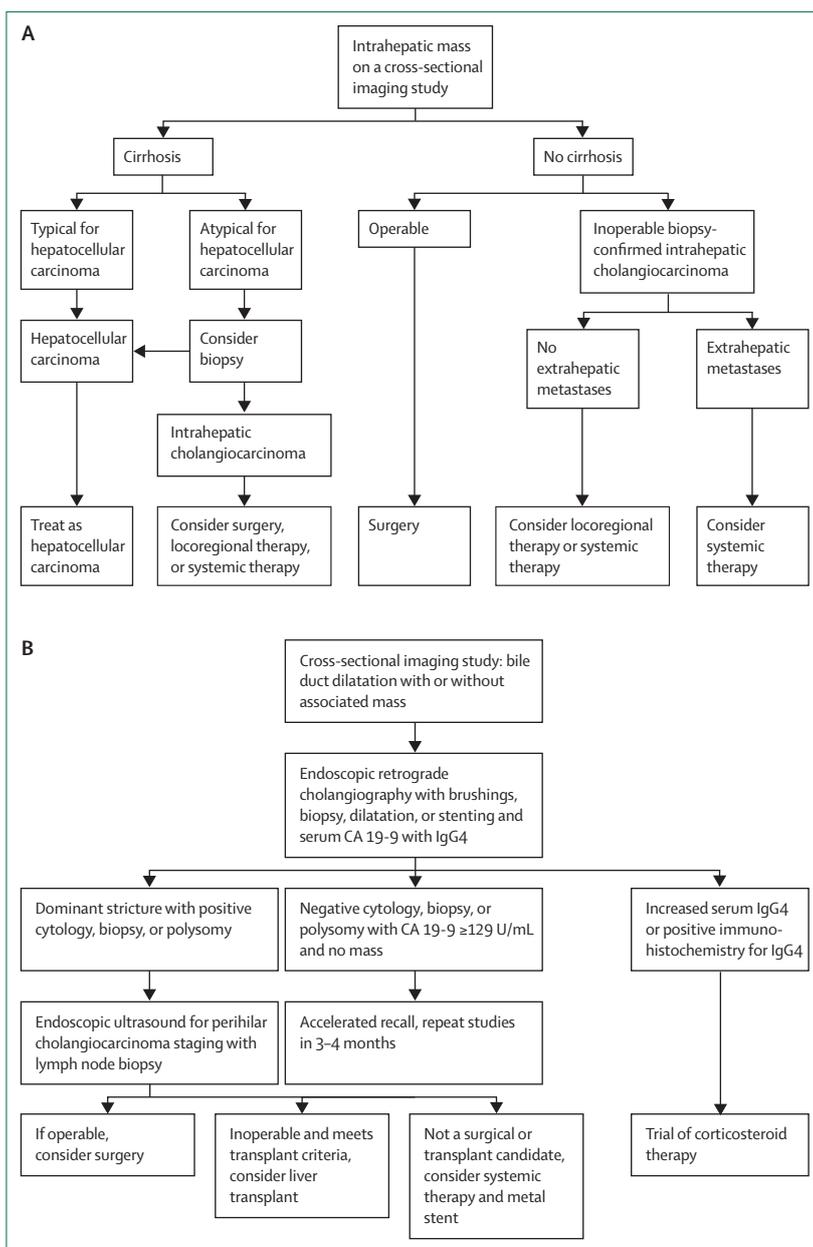


Figure 3: Approach to management of (A) intrahepatic and (B) perihilar cholangiocarcinoma
HCC=hepatocellular carcinoma. CA 19-9=carbohydrate antigen 19-9. Reproduced with modifications from reference 69 by permission of Elsevier.

antigen (7% of general population) have undetectable serum CA 19-9 concentrations.⁸³ A better-performing biomarker is needed.

Surgical resection and liver transplantation

Recommendations for treatment take into consideration the patient's surgical candidacy, biochemical characteristics, lesion size, presence of metastatic lesions, and vascular and lymphatic involvement. The tumour burden should be assessed with cross-sectional imaging

studies of the chest and abdomen and potentially biopsy of the lymph nodes, when lymph nodes are larger than 2 cm. Curative surgical resection with negative tumour margins can be achieved in less than 30% of patients.⁴ The median survival time by intention-to-treat analysis of lesions considered to be surgically resectable on imaging studies is 36 months⁸⁴ Positive tumour margins, lymph node metastases, cirrhosis, especially advanced cirrhosis with Child-Pugh score beyond A, and presence of portal hypertension are associated with poor outcomes in surgical cohorts.^{4,84,85} Contemporary studies do not support the option of liver transplantation for intrahepatic cholangiocarcinoma unlike for selected patients with perihilar cholangiocarcinoma. Indeed, even patients with mixed hepatocellular-cholangiocellular carcinomas have 1-year and 5-year cumulative risk of tumour recurrence of 42% and 65%, respectively, after liver transplantation.⁸⁶

Palliative treatment with locoregional therapies

Like hepatocellular carcinoma, intrahepatic cholangiocarcinoma has a metastatic predilection for the liver and, therefore, locoregional therapy might be a reasonable palliative approach; the effectiveness of this option, however, has not been evaluated in high-quality randomised studies. Limitations of radiofrequency ablation are low effectiveness in lesions larger than 5 cm and technical complications in close proximity to the large vascular structures and liver capsule.^{87,88} Recurrence rates for intrahepatic cholangiocarcinoma are also quite high after radiofrequency ablation.⁸⁷ Most studies examining transarterial chemoembolisation (TACE) are

retrospective and do not use a standardised chemotherapeutic drug or schedule. However, data suggest acceptable tolerability and a potential survival benefit in patients receiving TACE (OS 12–15 months vs 3·3 months in the best supportive care group).^{89–92} TACE with use of drug-eluting beads might have similar effectiveness as systemic chemotherapy (OS 11·7 months and 11 months, respectively) and performs better than conventional TACE (OS 5·7 months).⁹³ Safety and efficacy of selective intra-arterial radiotherapy with radioactive ⁹⁰Y in an adjuvant setting was recently reported.⁹⁴ The group reported a median OS of 22 months with no major toxicity-related events. In another report, 1-year survival after ⁹⁰Y treatment was 56%.⁹⁵ Contemporary stereotactic body radiotherapy in cholangiocarcinoma is associated with a high rate of treatment-related complications including acute radiation-induced liver dysfunction, biliary strictures, and gastrointestinal mucosa damage.^{96–98}

Perihilar cholangiocarcinoma

Clinical classification and diagnosis

Perihilar cholangiocarcinomas are confined to the larger bile ducts in the hepatic hilum and are classified on the basis of morphological growth appearance in mass-forming exophytic and intraductal subtypes. Intraductal subtypes can be further subclassified as periductal infiltrating, the most common perihilar cholangiocarcinoma subtype, in addition to mass, and nodular perihilar cholangiocarcinoma subtypes. Intraductal papillary neoplasms are often well differentiated and have favourable prognosis, whereas presence of an invasive component predisposes to metastasis. The most recently described subtype is an intraductal tubulopapillary neoplasm, which has better prognosis than does exophytic perihilar cholangiocarcinoma.⁹⁹ The acute onset of painless jaundice is a heralding presentation in 90% of patients with cholangiocarcinoma.^{3,100}

Careful evaluation with cross-sectional imaging studies and endoscopic ultrasonography helps to delineate the tumour location, size, morphology, hepatic artery and portal vein involvement, volume of potential liver remnant, lymph node involvement, and presence of distant metastases.¹⁰¹ The number of studies dedicated to the performance of imaging techniques in perihilar cholangiocarcinoma is small and their quality modest.¹⁰² CT scan accuracy for the evaluation of the degree of bile duct involvement is 86% (95% CI 77–92) with sensitivity and specificity for portal vein involvement of 89% (80–94) and 92% (85–96), hepatic artery of 83% (63–94) and 93% (69–99), and lymph node involvement of 61% (28–86) and 88% (74–95), respectively.¹⁰² CT scans frequently do not detect peritoneal metastases.¹⁰³ MRI, similar to CT, can detect proximal to stricture bile duct dilatation and perihilar mass, but magnetic resonance cholangiography (MRC) adds another dimension to the study, better delineating extent of the bile duct lesion (figure 4A, B, and D). MRI enhanced with MRC has 89% sensitivity and

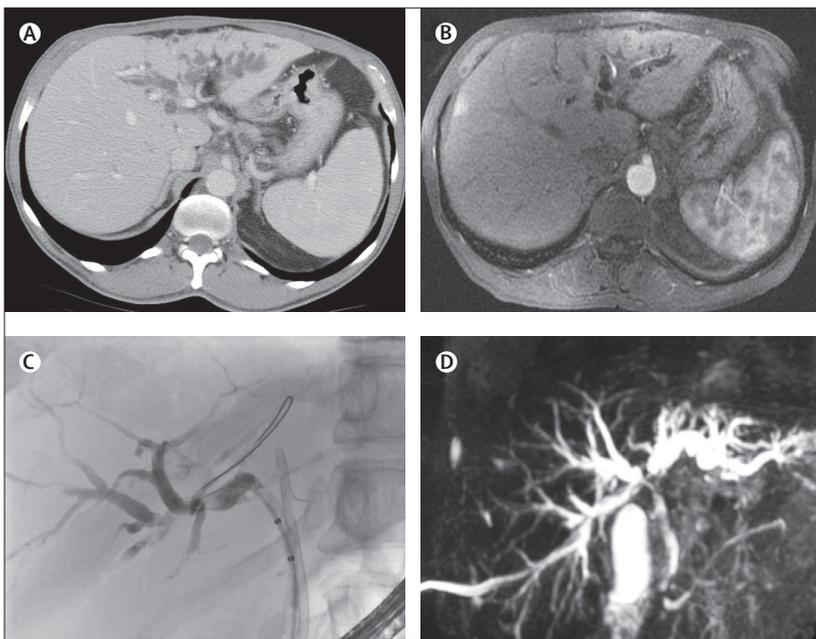


Figure 4: Imaging studies of a patient with perihilar cholangiocarcinoma of the left hepatic duct. Note prominent left hepatic duct dilatation with obstruction of the left hepatic duct system on the CT scan (A), MRI (B), endoscopic retrograde cholangiography (C), and magnetic resonance cholangiography (D); (D) also shows bilateral obstruction of the biliary system at the right and left hepatic bile duct confluence.

76% accuracy.⁷⁸ When treatment with liver transplantation is feasible, evaluation of perihilar cholangiocarcinoma with endoscopic ultrasonography should not be accompanied by tumour sampling because of the high risk of needle tract seeding, which precludes this potentially curative treatment.^{104,105} By contrast, fine-needle aspiration of lymph node tissue can be a valuable aid in the diagnosis of advanced perihilar cholangiocarcinoma. The role of CA 19-9 in the diagnosis of perihilar cholangiocarcinoma does not differ from that for intrahepatic disease. The serum concentration of IgG4 should be obtained to rule out IgG4-related cholangiopathy.¹⁰⁶ However, serum IgG4 can also be increased in cholangiocarcinoma.¹⁰⁷

Endoscopic retrograde cholangiography is an invaluable approach in the initial evaluation of the biliary tree (figure 4C) and as a first therapeutic step. Delineation of the biliary anatomy with MRI/MRC or CT scan, or both, before cholangiography should guide the endoscopic approach. Presence of a dominant stricture with or without upstream biliary duct dilatation is an indication for cytological evaluation through biliary brushings (figure 3B). The evaluation should be done with conventional cytological analysis and, if available, fluorescence in-situ hybridisation (FISH). Assessment of conventional cytology is compromised by inflammatory changes due to stenting and infection and the highly desmoplastic nature of perihilar cholangiocarcinomas. FISH analysis, which is based on detection of quantitative genetic chromosomal changes indicating aneusomy (chromosome pair imbalance), increases sensitivity of conventional cytology from 15% to 38–58%.⁶⁹ Serial polysomy detected by FISH in patients with primary sclerosing cholangitis can identify a subgroup of patients at high risk of development of cholangiocarcinoma compared with patients without polysomy.¹⁰⁸ FISH analysis can detect lesions up to 2.7 years before a tumour is apparent on imaging studies.^{108,109} Percutaneous transhepatic cholangiography (PTC) can assist in gaining access to strictures not amenable to endoscopic retrograde cholangiography. However, PTC is best used as an interim step with PTC-placed stent internalisation either simultaneously with the procedure or after tract maturation, in 2–4 weeks, to improve physiological bile flow and minimise patient discomfort.

Surgical treatment and liver transplantation

A new proposed surgical staging system has been designed to guide the surgical plan and selection of patients who might benefit from surgery.¹⁰¹ The surgery is rather complex and often necessitates lobar hepatic and bile duct resection, regional lymphadenopathy, and Roux-en-Y hepaticojejunostomy. The surgical techniques become more sophisticated, and have been aided by the incorporation of extended lobectomy, vascular reconstruction, and preoperative portal vein embolisation.^{110–112} This final procedure promotes hypertrophy of the uncompromised liver lobe and increases liver

remnant volume. The success of the approach is often dependent on vascular anatomy.¹¹³ Portal vein ligation and in-situ splitting of the liver, referred to as associating liver partition and portal vein ligation for staged hepatectomy, promotes rapid liver regeneration and was newly introduced for the “small-for-size” setting.¹¹⁰ However, this technique is associated with substantial morbidity and mortality and needs further evaluation. Positive regional lymph nodes (ie, cystic, pericholedochal, hepatic arterial, portal, and posterior pancreaticoduodenal) are no longer an absolute contraindication to surgical resection but, understandably, are associated with less favourable outcomes compared with patients with negative lymph nodes.^{69,114}

The role of biliary tract stenting immediately before surgery is still the subject of debate.¹¹⁵ In patients with inoperable disease, drainage of 50% or more of the liver parenchyma can improve patient survival,^{116,117} but bilateral biliary stents can also predispose to stent-related complications, including infectious cholangitis.¹¹⁸ Despite misperceptions, covered self-expandable metal stents do not preclude either further surgery or radiotherapy. Before the treatment plan is finalised, plastic biliary or covered self-expandable metal stents should be used. Covered stents prevent tumour ingrowth, but might migrate and are associated with increased rates of acute cholecystitis and pancreatitis.^{119–122} Placement of uncovered self-expandable metal stents, which can be dilated or stented in the future but cannot be removed, is a palliative option. As a rule of thumb, any patient with a biliary stent or stents in place and symptoms suggestive of acute infection should be promptly started on antibiotics providing coverage for Gram-negative microorganisms and be seen for stent re-evaluation and possible exchange.

Liver transplantation with neoadjuvant chemoradiation is the approach associated with the best outcomes in this lethal disease; however, only a few patients meet criteria for this option. The inclusion criteria include unresectable perihilar cholangiocarcinoma 3 cm or less in radial diameter without intrahepatic or extrahepatic metastases.¹²³ The 5-year recurrence-free survival rate is similar to that for other widely accepted indications for liver transplantation at 68%.¹²⁴ Patients with perihilar cholangiocarcinoma complicating primary sclerosing cholangitis should be treated, when possible, with liver transplantation, which will address the oncogenic field defect and underlying chronic progressive liver disease and negate potential complications from surgery in patients with advanced parenchymal liver disease (eg, portal hypertension). The notion of a neoplastic field defect in primary sclerosing cholangitis refers to the process in which chronic exposure of the biliary epithelium to oncogenic stimuli leads to field cancerisation. This idea is supported by frequent findings of synchronous biliary dysplastic lesions in liver explants of patients with primary sclerosing cholangitis who were diagnosed with cholangiocarcinoma.¹²⁵

Treatment for advanced disease

When a patient is not eligible for surgery or liver transplantation, chemotherapy with a gemcitabine and cisplatin combination can be considered. However, in the ABC-02 trial⁶³ the efficacy of this combination was not significantly different from that of gemcitabine alone in patients with perihilar cholangiocarcinoma; therefore, a practice standard of care has not been established for this subtype of cholangiocarcinoma. Proper preparation for chemotherapy includes biliary stenting. If palliative therapy is the goal of treatment and life expectancy is beyond 4–6 months, metal stents provide better durability, subject patients to less frequent invasive procedures, and are more cost-effective compared with plastic stents.^{126–128} Benefits of metal stents versus plastic stents and bilateral versus unilateral stents have been shown in maintenance of biliary patency.¹²⁹ Metal stents have also been reported to improve survival compared with plastic stents (146 days and 49 days, respectively).¹³⁰ Endoscopic intraductal radiofrequency ablation is another feasible palliative option with acceptable complication rates and is currently under development.¹³¹

Metastatic cholangiocarcinoma

The most common route for intrahepatic cholangiocarcinoma dissemination is intrahepatic involving the venous system. Spreading through the lymphatic system or along the biliary lumen is also reported. Perihilar cholangiocarcinoma usually metastasises through the lymphatic system. High tumour expression of VEGF is associated with intrahepatic metastases and EGFR overexpression with perineural invasion and lymphatic vessel invasion in intrahepatic cholangiocarcinoma.¹³² Stromal cells and their secreted extracellular proteins are crucial for establishing the metastatic niche.¹³³ In an animal model of cholangiocarcinoma, a Smac mimetic was shown to prevent extrahepatic metastases.¹³⁴ Presence of metastases in cholangiocarcinoma is one of the main determinants of therapy, and patients with metastatic disease should be considered for systemic chemotherapy with gemcitabine and cisplatin.

Future directions

Continued dissection of the molecular pathways driving cholangiocarcinoma progression will focus our efforts on an individualised medicine approach for this cancer when advanced or in the adjuvant setting. Recent work examining risk factors for the development of intrahepatic cholangiocarcinoma emphasises the association between metformin use and a reduction in incidence of this disease in patients with diabetes.¹³⁵ This finding is biologically plausible because the mTOR signalling pathway, which is a target of metformin pharmacologically, is part of the cholangiocarcinoma oncogenic network. Thus, metformin use might be chemopreventive and calls for prospective studies, especially if a high-risk group can be identified (eg, a genetically high-risk population with primary

sclerosing cholangitis). Another new direction is to approach tumour treatment in the context of its microenvironment. The stroma encompassing tumour can no longer be regarded as a barrier to tumour progression, but rather a crucial component governing tumour development and progression. Specifically, evidence is growing for the role of cancer-associated fibroblasts (CAFs) in tumour advancement, metastases, and chemoresistance.¹³⁶ Tumour expression of α -SMA, the hallmark of CAFs, was negatively associated with survival of patients with intrahepatic cholangiocarcinoma. Active cross-talk between the tumour microenvironment and CAFs involves paracrine and autocrine signalling through modulation of growth factors and developmental (ie, Hedgehog) pathways.¹³⁶ Targeting of CAFs could be an additional focus for development of new therapies and success of this approach was reported in a preclinical model using the BH3 mimetic, navitoclax.¹³⁷ Further improvement of the currently available animal models of cholangiocarcinoma¹³⁸ will be beneficial.

Identification of new tumour biomarkers in biological specimens is another important future direction. Genetic signatures for cholangiocarcinoma in serum, bile, or stool, similar to DNA stool testing for pancreatic cancer,¹³⁹ need to be evaluated. Bile specimen examination with cytology and development of more specific diagnostic batteries using advanced technologies (ie, electrospray ionisation tandem mass spectrometry, two-dimensional gel electrophoresis, surface-enhanced laser desorption or ionisation, protein chips, and proteome analysis) might also be informative. These studies should be strengthened by elucidation of the role of the biomarkers in tumour biology (ie, the role of miRNAs in cholangiocarcinoma biology).^{140,141} The quality process for sample acquisition, processing, and interpretation needs to be standardised. In the near future we might be able to offer our patients an individualised therapy based on the driver mutation for their particular cancer and practise precision medicine.

Contributors

NR contributed to outline and drafting of the Seminar, critical revision, and important intellectual content. GJG contributed to the outline of the Seminar, critical revision for important intellectual content, and provided writing supervision.

Conflicts of interest

We declare that we have no conflicts of interest.

Acknowledgments

This work was supported by US National Institutes of Health grants DK59427 (GJG) and T32 DK007198 (NR), and the Mayo Foundation. We thank Konstantinos Lazaridis for contributing to the discussion of cholangiocarcinoma treatment in the context of personalised medicine, and Courtney Hoover for secretarial support.

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